



PARK BEAT

The Pulse of Greater Boulevard Park

Boulevard Park Neighborhood Association # Box 163179, Sacramento 95816 # August 2018

35th National Night Out: August 7

This progressive, three-course potluck dinner is a wonderful way to see old friends and make new ones in the Boulevard Park and Marshall School/New Era Park neighborhoods. A few of the beat officers are likely to be present, and city representatives sometimes attend too, as they make the rounds of the different NNO events throughout Sacramento. Please come to all three courses if you can (join the informal parade as we walk between venues) and be sure to bring one favorite dish to share with your neighbors. Given the late afternoon heat, everyone participating in the *hors d'oeuvres* course should bring along some bottled water.

- **6 p.m.:** *Hors d'oeuvres* course on the 22nd Street median, between C and D Streets
- **7 p.m.:** *Entrée* course outside the Hull and Allair home, H Street near 25th
- **8 p.m.:** Dessert course in Marshall Park, near the tot-lot (28th and I Streets)



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Spaghetti Western, Boulevard Park Style

The neighborhood's annual spaghetti dinner is on **Saturday, September 8**. Hosted by the Bramson family and staffed by volunteers from throughout the neighborhood, this is our main fundraiser and communal get-together, not to be missed! The event will start at 5 p.m. with a "pre-pasta mingle" (beverages available), followed by the dinner service (5:30-7:30 p.m.). Top Hand Ranch will again provide horse-drawn wagon rides around the block throughout the evening, starting at about 5:30. The dinner is **still** costs the same as in 2007 (\$10 per adult and \$5 per child); beer and wine will cost \$3. The pasta, sauces, and salads are prepared and served by volunteers. For the dessert table, we welcome food donations from the diners—please bring a favorite treat to share.



Spaghetti Dinner: Volunteers Still Needed!

This event would not be possible without the enthusiastic participation of neighborhood residents. Volunteers can choose between several assignments (set-up on Saturday morning, service at the dinner, clean-up on Sunday). Please sign up at <http://signup.com/go/atGpOjY> or contact **Emily Herbert** at (916) 444-6690 if you want to help and be part of some great neighborhood camaraderie.



SOUND the TRUMPETS!
The newly revised BPNA website is now on the air!

Visit boulevardpark.org

Neighborhood Treats: The Acoustic Sanctuary

Admit it. How many times have you walked past the purple truck decked out in neon at the northeast corner of 22nd and J and thought about going in—then didn't? Embarrassed? Afraid of being put on the spot? Thought it would be corny?

Well, it's time to drop your inhibitions and reservations and step into The Acoustic Sanctuary to be entertained by Sacramento's own One Man Band and Storyteller, Winko Ljizz (born Harrington King).

The piano bar (*yes!*) seats five, and three or four more can usually squeeze into the space. The last person to enter is asked to pick a theme, then Winko either spins a story or plays a song based on it.

"Camshafts," said one participant, and Winko, who is a docent at the California Automobile Museum, was off and running about camshafts and technological changes in car engines. "Love," said another, and he hauled out his modified trombone to lead the group in singing "All You Need Is Love." He has more than 40 string, brass, and percussion instruments tucked inside the van and claims to be able to play 5 to 10 at a time, "depending on your definition of 'at a time.'" The humor alternates between broad (expect puns) and wry, but his versatility, ingenuity, and cheerful enthusiasm will make your evening a happier one. He has been in Sacramento for many, many years, and used to park his van at different places around midtown before settling on his current location (Thursday, Friday, and Saturday nights). His lively website tells his story and gives you a sneak-peek via video of a typical show (<http://www.acousticssanctuary.com/>). Single adults pay \$10, couples pay \$15, and you can book him for private parties. Don't miss the chance—he is definitely one-of-a-kind.



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Boulevard Park Neighborhood Association purpose: The BPNA was created to support, promote, and improve the quality of life for the residents of the greater Boulevard Park neighborhood. By achieving this goal we strive thereby to improve the quality of life for others who work and live in and around Boulevard Park and therefore Sacramento as a whole.

Committees

Membership: Ty Dockery
Preservation: Eric Knutson

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Places to Go, People To See

Every Saturday:

Free Yoga in the Park: 9 a.m., McKinley Park (behind the H Street Rose Garden). For more information, go to:

<http://yogamovesus.org/calendar-items/yoga-in-the-park-mckinley-park/>

Midtown Farmers' Market: 8 a.m. to 1 p.m., 20th between J and L.

Fri., Aug. 3: "First Friday Fun Flow": free yoga at Sutter's Fort State Park on the first Friday of each month, through September (6-7 p.m.)

Sat., Aug. 4: "Harvest Day 2018—A Gardener's Dream": presented by UCCE Sacramento County Master Gardeners at the Fair Oaks Horticulture Center, 11549 Fair Oaks Blvd. (8 a.m.-2 p.m.). Website: <http://sacmg.ucanr.edu>

Tues., Aug. 7: National Night Out, with a progressive potluck dinner co-hosted by the Boulevard Park and Marshall School/New Era Park neighborhood associations (6-9 p.m.; article on **page 1**).

Thurs., Aug. 9: Start of "Wide Open Walls," when murals will be painted throughout the city (through **Aug. 19**). Article on **page 4**.

Fri., Aug. 10: "Food Truck Mania" in McKinley Park (5-8 p.m.): food, music, and family entertainment (including a kids' zone).

Sat., Aug. 11: "Useful Plants with Brian Collett": Friends of the River Banks event at Sutter's Landing (10 a.m.; article on **page 6**).

Sat., Aug. 11: First "Midtown Garden Tour" (self-guided tour of six backyard gardens; starting at New Era Community Garden, 204 26th Street; 9 a.m.-3 p.m.; admission charged). See article on **page 6**. Website: <http://www.gardenthegrid.com>

Sat., Aug. 11: Free Outdoor Movie: *Chueless* (1995), projected on the outer wall of Sutter's Fort, west side (starting at about 8 p.m.)

Places to Go, People To See (cont.)

Sat., Aug. 11: Second Saturday ArtWalk. Galleries around town will be open to present individual and group shows of artists' work
 Website: <http://www.2ndsaturdaysacramento.com>

Aug. 11-12: "Jazz-a-Peel," Fifth Annual Banana Festival, William Land Park, 3800 West Land Park Drive (10-7 on Sat., 10-5 on Sun.; admission charged). Website: <https://www.sacbananafestival.com>

Thurs., Aug. 16: "Midtown Made" (K St. between 23rd and 24th Sts.; 6-9 p.m.): Third Thursday event highlighting the work of local artisans, with vendors, DIY projects, and live music. Website: <http://www.capitalcitybeads.com/midtownmade/>

... And, looking ahead to early September:

Sept. 8: Annual Boulevard Park Spaghetti Dinner (starting at 5 p.m.)
 Website: <https://www.boulevardpark.org/>

Sept. 8-9 and 15-16 (two weekends): Sac Open Studios. Website: <http://www.vergeart.com/open-studios/visit-sac-open-studios/>

Changes in the City's Recycling Program

The latest issue of *Your Guide to Services*, a brochure prepared by the City's Department of Recycling and Solid Waste, was sent to residents early in July. As reported in *The Sacramento Bee* on July 10, revised regulations about recycling have resulted in some new restrictions on what can be placed in those big blue bins. In the **paper** category, shredded paper can no longer be recycled. In the **plastics** category, containers must be labeled **1, 2, or 3** to be recycled; any plastics bearing code numbers **4, 5, 6, or 7** must go into the garbage. All CRV containers still are accepted, however, as are soda bottles, milk jugs, detergent bottles, and shampoo bottles. Commonly used plastic items in "garbage" categories **5 and 6** include ketchup bottles, yogurt containers, and egg boxes, none of which can be recycled. If you are in doubt about whether or not something is recyclable, check out the "Waste Wizard" application on the city website (<http://www.cityofsacramento.org/Public-Works/RSW/waste-wizard>). The new restrictions are in response to recent changes in what types of recycled materials are accepted by manufacturers who use these substances as raw materials.

A Brief Report from the BPNA Board

At their monthly meeting on July 10, the members of the BPNA board listened to a presentation by Sean de Courcy, Associate Preservation Planner with Sacramento's Community Development Department. Returning to a subject discussed at a prior meeting with a few board members (see the July issue of *Park Beat*), Sean summarized the "Sacramento Historic District Plans Project" process, which is now underway. As also reported in the July issue of *Park Beat*, the completed design standards, once implemented, should help provide greater clarity about the kind of design that is compatible within each historic district. These standards will incorporate insights from extensive field surveys of existing buildings in each historic district, conducted by Page & Turnbull, a historic preservation architecture, planning, and conservation firm (its past projects include the renovations of the Leland Stanford Mansion and the Sacramento Valley Station). There will be several opportunities for community participation in the year-long project, including public workshops and meetings. *Note: Because of the NNO event, the BPNA board will not meet in August.*